


YOUR GUIDE TO BEING A PORTION CONTROL PRO

Feel free to print this page and use as a cheat sheet for your team members so they can easily reference the proper portions for a variety of toppings. Or, you can of course adjust as needed to meet your specific topping needs!

	PIZZA SIZE (INCHES)	6"	8"	10"	12"	14"	16"	18"
	Red Gold Pizza Sauce (oz)	1.25	2	3	4	5.75	7	8.25
	Derlea Garlic Butter Spread (oz)	1	1.5	2	3	4	5	6.5
	Great Lakes Cheese (oz)	1.25	2	3.25	6	7	10.5	12
	Burke Pepperoni (slices)	5	8	16	20	28	40	48
	Burke Pepperoni (oz)	0.33	0.5	1	1.25	1.75	2.5	3
	Burke Cooked Sausage (oz)	1	2	3	4.5	6	7.75	10
	Cooked Beef (oz)	1	2	3	4.5	6	7.75	10
	Raw Beef (oz)	1.5	2.75	4	6	8	10.5	13.5
	Smithfield Bacon Topping (oz)	0.5	1	1.5	2.5	3.5	4.25	6
	Smithfield Canadian Bacon (oz)	0.33	0.5	1	1.25	1.75	2.5	3
	Smithfield Diced Ham (oz)	1	2	3	4.5	6	7.75	10
	Tyson Chicken Strips (oz)	1	2	3	4.5	6	7.75	10
	Zweigle's Meatballs (oz)	1	2	2.5	3.75	5	6.75	8.5
	Tyson Taco Meat Crumbles (oz)	1	2	3	4.5	6	7.75	10
	Fontanini Raw Chorizo Sausage (oz)	1	2	3	4.5	6	7.75	10
	Maid Rite Shredded Beef (oz)	1	2	3	4.5	6	7.75	10
	Andouille Sausage (slices)	4	5	11	13	19	27	32
	Roland Anchovy (pieces)	3	4	6	8	10	13	16
	Peppers (oz)	1	1.5	2.25	2.75	4	5.75	8
	Onions (oz)	1	1.5	2.25	2.75	4	5.75	8
	Canned Mushrooms (oz)	1.25	1.75	2.25	3	4.5	6	7.25
	Fresh Sliced Mushrooms (oz)	0.5	0.75	1.25	1.75	2.75	2.75	4.75
	Diced Tomatoes (oz)	1.25	1.75	2.5	3.5	4.25	5.5	6.25
	Sliced Olives (oz)	1	1.5	2.25	2.75	4	5.75	8
	Pineapple (oz)	1	1.25	2.75	3.5	4	5.5	6.25
	Banana Peppers (oz)	1	1.5	2.25	3	3.5	4.75	5.25
	Artichoke Hearts (oz)	1	1.25	2.75	3.5	4	5.5	6.25
	Corn (oz)	1	1.5	2.25	3	3.5	4.75	5.25
	Black Beans (oz)	1	1.5	2.25	3	3.5	4.75	5.25
	SQUARE INCHES	28"	50"	79"	113"	154"	201"	254"

Source: Portion guide information developed by PizzaMarketplace.com in collaboration with Burke Corporation.